



# MATRIX

DF001-VS-S72

## Versa Seated Leg Curl



- Adjustable thigh pad provides stabilization during exercise
- Back pad ratchets forward for easy adjustment from the seated position
- Tibia pad and range of motion adjustments are easily accessible from a seated position
- Angled seat and unique pivot location for full hamstring contraction

ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
RANGE OF MOTION ADJUSTMENTS	Range of Motion, Knee Pad & Ankle Pad Adjustments

FRAME & CABLES	
MACHINE ANCHORING	Machine anchoring locations
FRAME COLOR	Iced Silver
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
OVERALL DIMENSIONS	176.9 x 113.3 x 167.1 cm / 69.7" x 44.6" x 65.8"
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER BATTERY LIFE	Approximately 3 years
PRODUCT WEIGHT (STANDARD STACK)	253 kg / 556 lbs.

USER AMENITIES	
RATCHETING BACK PAD	Yes
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
PLACARD COLOR CODING	Blue (lower body)
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes
STANDARD: 10 LBS (4.5 KG)	Weight plate increments
STANDARD: 150 LBS (68 KG)	Total stack weight
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)